



WINTER MENU 07th –11th April 2025 – GREEN FOOD WEEK

Monday 07 th April 2025		Extra Curricular activities
First courses Second courses	BUCKWHEAT PASTA with vegetables (1)Buckwheat pasta with vegetablesWHOLE WHEAT PASTA, tomato sauce and speck (1)Turkey roast, carrots and peasTURKEY ROAST (1,3) + RAW or COOKED* VEGETABLESFruitPIE with CABBAGE and CHEESE (1,2,3) + RAW or COOKED *VEGETABLES	
Daily Salad	with CHICKPEAS and CHEESE (3)	
Dessert	FRUIT	
Tuesday 08 th Apr	ril 2025	Nursery, P1-P2
First courses	WHOLE WHEAT PASTA with BROCCOLI (1) RICE with VEGETABLES and HAM	Whole wheat pasta with broccoli Flounder with breadcrumbs
Second courses	FLOUNDER with breadcrumbs* (1,2,5) + RAW or CO CHEESE OMELETTE (2,3) + RAW or COOKED* VEGET	
Daily Salad	with HAM and CHEESE (3) with HARD-BOILED EGGS and LENTILS (2)	
Dessert	FRUIT	
Wednesday 09 th April 2025 CANTEEN CLOSED		
Thursday 10 th April 2025		Nursery, P1-P2
First courses	PIZZA MARGHERITA (1,3) PILAF RICE with VEGETABLES	Pilaf Rice with vegetables Potatoes omelette and raw carrots
Second course	POTATOES OMELETTE (2,3) + RAW or COOKED* VEGETABLES Apple Puree PIE with VEGETABLES and LENTILS (1,2) + RAW or COOKED* VEGETABLES	
Daily Salad	with OLIVES and CHEESE (3)	
Dessert	FRUIT or YOGURT	
Friday 11 th April	2025	
First courses	PASTA au GRATIN (1,2,3) PASTA and BEANS SOUP (1)	
Second courses		
Daily Salad	with BRESAOLA and CORN with FRESH CHEESE and TOMATOES (3)	
Dessert	FRUIT	





ALLERGENICS USED IN THE MENUS:

- 1- GLUTINE Cereals containing GLUTEN
- 2-UOVA EGGS and derivatives
- 3- LATTE MILK and derivatives
- 4- CROSTACEI SHELLFISH and derivatives
- 5- PESCE FISH and derivatives
- 6- MOLLUSCHI MOLLUSCS and derivatives
- 7- SESAMO SESAME seeds and derivatives
- 8- SENAPE MUSTARD and derivatives
- 9- SOIA SOYA and derivatives
- 10- SEDANO CELERY and derivatives
- 11- SOLFITI SULPHUR DIOXIDE and SULPHITES
- 12- ARACHIDI PEANUT and derivatives
- 13- FRUTTA A GUSCIO NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
- 14- LUPINI LUPIN and derivatives

COURSES PREPARED EVERY DAY:

<u>FIRST COURSES</u> – PLAIN PASTA OR WITH TOMATO SAUCE SECOND COURSES – DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.