





WINTER MENU 27th - 31st January 2025

Monday 27th January 2025 Extra Curricular activities

First courses COUSCOUS with VEGETABLES (1) Cous cous with vegetables

GNOCCHI with BUTTER and SAGE (1,3) Chicken thigh and green beans

Second courses CHICHEN THIGH + RAW or COOKED* VEGETABLES Fruit

COURGETTES and CHEESE PIE (3) + RAW OR COOKED* VEGETABLES

Daily Salad with MOZZARELLA and OLIVES (3)

Dessert FRUIT

Tuesday 28th January 2025 Nursery, P1-P2

First courses LASAGNE with MEAT SAUCE (1,2,3,) Vegetables soup with barley

VEGETABLES SOUP with BARLEY (1,10) Flounder with lemon

Second courses OMELETTE with CHEEESE (2,3) + RAW or COOKED* VEGETABLES carrots

FLOUNDER with LEMON* (1,5) + RAW or COOKED VEGETABLES* Fruit

Daily Salad with HAM and CHEESE (3)

Daily Salad Veg with HARD-BOILED EGGS and RAW VEGETABLES (2)

Dessert FRUIT

Wednesday 29th January 2025 **CANTEEN CLOSED**

Thursday 30th January 2025 Nursery, P1-P2

First courses PIZZA MARGHERITA (1,3) Pizza Margherita

PASTA WITH MEAT SAUCE (1) Ham and salad

Second courses PORK ROAST (3) + RAW or COOKED* VEGETABLES smashed apple

CHEESE and BROCCOLI PIE (2,3) + RAW or COOKED* VEGETABLES

Daily Salad with TUNA and OLIVES (5)
Daily Salad Veg with OLIVES and LENTILS

Dessert FRUIT

Friday 31st January 2025

First courses PASTA with CHICKPEAS and BROCCOLI (1)

WHOLE WHEAT PASTA with TUNA (1,5)

Second courses CHEESE PIE (3) + RAW or COOKED VEGETABLES*

MEAT KEBABS + RAW OR COOKED VEGETABLES*

Daily Salad with GRILLED CHICKEN

Daily Salad Veg with FRESH CHEESE and TOMATOES (3)

Dessert FRUIT







ALLERGENICS USED IN THE MENUS:

1- GLUTINE Cereals containing GLUTEN

2-UOVA EGGS and derivatives

3- LATTE MILK and derivatives

4- CROSTACEI SHELLFISH and derivatives

5- PESCE FISH and derivatives

6- MOLLUSCHI MOLLUSCS and derivatives

7- SESAMO SESAME seeds and derivatives

8- SENAPE MUSTARD and derivatives

9- SOIA SOYA and derivatives

10- SEDANO CELERY and derivatives

11- SOLFITI SULPHUR DIOXIDE and SULPHITES

12- ARACHIDI PEANUT and derivatives

13- FRUTTA A GUSCIO NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives

14- LUPINI LUPIN and derivatives

COURSES PREPARED EVERY DAY:

FIRST COURSES - PLAIN PASTA OR WITH TOMATO SAUCE

SECOND COURSES - DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.