

WINTER MENU 25th – 29th November 2024

Monday 25th November 2024		Extra Curricular activities
First courses	VEGETABLES SOUP (1,10) WHOLE WHEAT PASTA with AUBERGINES (1)	Vegetables soup with barley Turkey Roast and carrots
Second courses	PIE with COURGETTES and CHEESE (1,2,3) + RAW or COOKED *VEGETABLES TURKEY ROAST (1,3) + RAW or COOKED* VEGETABLES	Fruit
Daily Salad	with HAM and FENNELS	
Daily Salad Veg	with CHICKPEAS and FENNELS	
Dessert	FRUIT	
Tuesday 26th November 2024		Nursery, P1-P2
First courses	BARLEY with VEGETABLES (1) RAVIOLI with RICOTTA and SPINACH (1,2,3)	Barley with vegetables Chicken Stew and spinach
Second courses	CHICKEN STEW with lemon (1) + RAW or COOKED* VEGETABLES PUMPKIN PIE (1,2,3) + RAW or COOKED* VEGETABLES	Fruit
Daily Salad	with MOZZARELLA and OLIVES (3)	
Dessert	FRUIT	
Wednesday 27th November 2024		
CANTEEN CLOSED		
Thursday 28th November 2024		Nursery, P1-P2
First courses	PASTA with PESTO SAUCE (1,3,12,13) VEGETABLE SOUP with RICE and CHICKPEAS (10)	Vegetables soup with rice and chickpeas Codfish in breadcrumbs and salad
Second courses	CODFISH in BREADCRUMBS* (1,2,5) + RAW or COOKED* VEGETABLES VEGETABLES and CHEESE CROQUETTE + RAW or COOKED* VEGETABLES	Pudding
Daily Salad	with CHEESE and COLD TURKEY (3)	
Daily Salad Veg	FRESH CHEESE and RAW CARROTS (3)	
Dessert	FRUIT or PUDDING (3)	
Friday 29th November 2024		
PARENTS TEACHERS MEETING – SHORT DAY – CANTEEN CLOSED		

ALLERGENICS USED IN THE MENUS:

1- GLUTINE	Cereals containing GLUTEN
2-UOVA	EGGS and derivatives
3- LATTE	MILK and derivatives
4- CROSTACEI	SHELLFISH and derivatives
5- PESCE	FISH and derivatives
6- MOLLUSCHI	MOLLUSCS and derivatives
7- SESAMO	SESAME seeds and derivatives
8- SENAPE	MUSTARD and derivatives
9- SOIA	SOYA and derivatives
10- SEDANO	CELERY and derivatives
11- SOLFITI	SULPHUR DIOXIDE and SULPHITES
12- ARACHIDI	PEANUT and derivatives
13- FRUTTA A GUSCIO	NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives
14- LUPINI	LUPIN and derivatives

COURSES PREPARED EVERY DAY:

FIRST COURSES – PLAIN PASTA OR WITH TOMATO SAUCE

SECOND COURSES – DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.