

## SUMMER MENU 27<sup>th</sup> – 31<sup>st</sup> May 2024

|   |  |   |
|---|--|---|
| <b>Monday 27<sup>th</sup> May 2024</b>    |  | <b>Extra curricular Activities</b>                    |
| <b>First courses</b>                      | PASTA with PESTO SAUCE (1,2,3,12,13)<br>RICE WITH OIL  | Pasta with pesto sauce<br>Turkey Roast and courgettes |
| <b>Second courses</b>                     | TURKEY ROAST (1,3) + RAW or COOKED VEGETABLES*<br>VEGAN BURGER + RAW OR COOKED VEGETABLES*   | Fruit   |
| <b>Daily Salad</b>                        | with MOZZARELLA and OLIVES (3)   |   |
| <b>Dessert</b>                            | FRUIT  |   |
| <b>Tuesday 28<sup>th</sup> May 2024</b>   |  | <b>Nursery, P1-P2</b>                                 |
| <b>First courses</b>                      | PASTA with CREAM and TOMATO SAUCE (1,3)<br>PASTA SALAD with VEGETABLES (1)   | Pasta with tomato sauce<br>Fish with breadcrumbs      |
| <b>Second courses</b>                     | CHEESE OMELETTE (2,3) + RAW or COOKED* VEGETABLES<br>FLOUNDER* with BREADCRUMBS (1,2,5) + RAW or COOKED* VEGETABLES                | Green Beans<br>Fruit                                  |
| <b>Daily Salad</b>                        | with HAM and CHEESE (3)  |   |
| <b>Daily Salad Veg</b>                    | with HARD-BOILED EGGS and CORN (2)   |   |
| <b>Dessert</b>                            | FRUIT  |   |
| <b>Wednesday 29<sup>th</sup> May 2024</b> |  |   |
| <b>CANTEEN CLOSED</b>                     |  |   |
| <b>Thursday 30<sup>th</sup> May 2024</b>  |  | <b>Nursery, P1-P2</b>                                 |
| <b>First courses</b>                      | RAVIOLI with ricotta and spinach, butter and sage (1,2,3)<br>WHOLE WHEAT PASTA with TOMATO SAUCE and OLIVES (1)                    | Ravioli with butter and sage<br>Pork Roast            |
| <b>Second courses</b>                     | PIE WITH BROCCOLI and CHEESE (1,2,3) + RAW or COOKED* VEGETABLES<br>CHICKEN with TOMATO and OLIVES (1) + RAW or COOKED* VEGETABLES | Broccoli<br>Fruit                                     |
| <b>Daily Salad</b>                        | with TUNA and OLIVES (5)   |   |
| <b>Daily Salad Veg</b>                    | with CANNELLINI BEANS and OLIVES   |   |
| <b>Dessert</b>                            | FRUIT or YOGURT (3)  |   |
| <b>Friday 31<sup>st</sup> May 2024</b>    |  |   |
| <b>First courses</b>                      | WHOLE WHEAT PASTA with TOMATO SAUCE and AUBERGINES (1,3)<br>PASTA with TUNA (1,5)  |   |
| <b>Second courses</b>                     | VEGETABLES BURGER + RAW or COOKED* VEGETABLES<br>PORK ESCALOPE with BREADCRUMBS (1,2) + RAW or COOKED* VEGETABLES                  |   |
| <b>Daily Salad</b>                        | with GRILLED CHICKEN   |   |
| <b>Daily Salad Veg</b>                    | with TOMATOES and FRESH CHEESE (3)   |   |
| <b>Dessert</b>                            | FRUIT  |   |

## ALLERGENICS USED IN THE MENUS:

|                     |   |
|---------------------|---|
| 1- GLUTINE          | Cereals containing GLUTEN                                       |
| 2-UOVA              | EGGS and derivatives  |
| 3- LATTE            | MILK and derivatives  |
| 4- CROSTACEI        | SHELLFISH and derivatives                                       |
| 5- PESCE            | FISH and derivatives  |
| 6- MOLLUSCHI        | MOLLUSCS and derivatives  |
| 7- SESAMO           | SESAME seeds and derivatives                                    |
| 8- SENAPE           | MUSTARD and derivatives   |
| 9- SOIA             | SOYA and derivatives  |
| 10- SEDANO          | CELERY and derivatives  |
| 11- SOLFITI         | SULPHUR DIOXIDE and SULPHITES                                   |
| 12- ARACHIDI        | PEANUT and derivatives  |
| 13- FRUTTA A GUSCIO | NUTS (almond, hazelnut, walnut, pistachio, etc) and derivatives |
| 14- LUPINI          | LUPIN and derivatives   |

### **COURSES PREPARED EVERY DAY:**

FIRST COURSES – PLAIN PASTA OR WITH TOMATO SAUCE

SECOND COURSES – DAILY SALAD VEGETARIAN COURSE

Extra menu options may be offered at the end of the service, which will be appropriately indicated at the self-service, together with an indication of allergens.